

Winter Skin Tips 2024

Take your routine to the next-level with these **skincare combos**.



CLEAN AND CALM

Create a cleansing oil that will effectively cleanse the skin while offering mega anti-inflammatory benefits. Combine the **MYSTIQ iLuminating Cleanser** with 3-4 drops of the **BODY Nourishing Oil**, massage into the skin, and remove with slightly tepid water.

The **BODY Nourishing Oil** is an effective product to remove eye makeup, especially mascara. Use it daily and notice natural lashes become healthier.



PROTECT AND HYDRATE

Layering a creme or oil under daily protection encourages the preservation and restoration of skin hydration while shielding against extreme climate conditions (even just running to and from your car). Adding 2-3 drops of **MYSTIQ iLuminating Beauty Oil** to any **Solar Shield 30**, **Elio Drops** or **BB Creme** 30 product provides skin with perfectly glowing protection. **BIO Lift Creme** supports healthy skin function with epigenetic technology and works to hydrate and restore when layered under any **SPF Solar Shield**, **Elio Drops** or **BB Creme** formulation.



NOURISH AND REPLENISH

Spritz **BIO Hydrating Mineral Mist** onto cleansed skin followed by **BIO Hydra Infusion** and **SPF Solar Shield 30 Hydrating**. Nourishing minerals, hyaluronic acid, and volumizing peptides protect barrier activity while replenishing moisture from the cold, dry winter weather.



SPF SOLAR SHIELD 30 HYDRATING

The **SPF Solar Shield 30 Hydrating** provides ultra hydrating, daily protection with minerals that encourage skin plumping and UV shielding. The **Sepi-tonic complex** delivers essential minerals into the skin encouraging moisture retention and skin plumping while stimulating collagen and elastin production. Complete with antioxidants and anti-inflammatory ingredients, this formulation is the perfect answer to wintertime protection.



RESTORE AND PROTECT

MYSTIQ iLuminating Beauty Oil (balances oil production and delivers anti-inflammatory benefits), **BIO Caviar Creme** (skin brightening, restorative hydration), **HEALTH Recovery Balm** (provides semi-occlusive barrier to allow other products to evenly dissipate through the skin). Layer these products as the finish to an evening routine and the skin can restore moisture and hydration levels.

