

Winter Home Treatments

Keep your skin hydrated with these **winter skincare wonders**.



REFINE AND BRITE

Cleanse with **PRO Exfoliating Cleanser**. Massage a small amount of **MYSTIQ iLuminating Polisher** into skin allowing all mastiha resin to dissolve. Brush away any remaining shea beads. Allow the skin to rest for 10 minutes. Do not remove. Apply 3-4 drops of **MYSTIQ iLuminating Beauty Oil** to skin. Apply ½-1 pump **PRO Retinal-Plus Treatment**. Skin is transformed into bright, beautiful, hydrated skin!

EXFOLIATE, HYDRATE, BRIGHTEN

The **MYSTIQ iLuminating Polisher** provides mechanical exfoliation with the added benefit of maximum skin hydration. Up to twice a week, massage a generous amount of polisher into the skin, paying special attention to areas that need additional exfoliation like the forehead, nose, chin, and jawline for example, for up to 2 minutes. Let the polisher sit on the skin for up to 10 minutes before removing it with slightly tepid water. Finish with the **BIO Hydra Infusion** and a layer of the **PRO Brightening Masque** and prepare to sleep tight and wake up brite (and beautiful).

NEW HYDRATE AND BRIGHTEN

Cleanse with the **BIO Enzyme Cleanser**, massage the **MYSTIQ iLuminating Polisher** into the skin until the mastiha resin dissolves. Allow to sit on the skin for 5-10 minutes then remove. Spritz skin with the **BIO Hydrating Mineral Mist**. Apply the **PRO Brightening Masque** and allow to absorb into the skin and sleep in it for best results.